

## **Bird Flu...Avian Flu....H5N1...or One Flu Over The Cuckoo's Nest!**

Look on the internet for "avian flu"; there are more than 400,000 sites...Why? "Experts in Hong Kong say that the H5N1 that surfaced in N. Vietnam was resistant to Tamiflu" One of the Hong Kong doctors says that "we are being duped" Honest **expert opinion** is that **nobody knows just how the virus will mutate** making Tamiflu of little use: just as the annual flu jabs are next to useless because we do not know what strains will present.

Roche, which manufactures Tamiflu, say the demand is such that they are considering offering licences to others in the Pharmaceutical industry to produce the product. I smell big profits rather than altruism.

### **A true story**

My Mentor, J. Shaw Young, the last of the Old Master Herbalists, helped his father in 1918 to cure many people of the Spanish Flu. The method was simple and consisted of raising the internal heat of the body with herbal teas renowned for their sweating and anti-inflammatory properties...effectively sweating-out the invader. I have used the same teas to cure appendicitis, and viral meningitis. Now this would be described as anecdotal by the authorities, by which they mean somebody is either **gilding the lily** or **telling porkies**. The fact is that almost any inflammatory ailment can be treated by using the same teas. When you consider the scores of drugs that are available to mask the symptoms of all the "itises" you can think of, if my story were truly believed then not a few pharmaceutical factories around the world would close. So, it is not in their interests to promote a simple truth....effectively keeping you in the dark...the Golden Goose is theirs not yours. **You are merely paying for it.**

So why am I writing this? Well, I have been asked to provide a prophylactic, and a treatment for Bird Flu. ....or the mutant of it that affects human beings, because bird flu, per se, cannot affect humans unless we come into contact with diseased birds. Or so they say now! It wasn't so long ago that the experts(?) were telling us the virus could not cross from birds to humans.

Do you remember the Government Health Advisor telling us on national TV that there was no danger to the public from blood products...HIV? Well a large percentage of haemophiliacs are now either dead or infected with HIV...and it's not their fault. Confused? So am I!

If you are with me read on. If not put this paper on the fire and buy your Tamiflu on the internet...because you probably won't get it from your Doc. Only important(?) people will get the jab on the NHS. And by the time the virus strikes your area if ever) it may already be so mutated that the grand philanthropist, ROCHE, will say that Tamiflu was never intended to combat the prevalent strain.

**So, either turn over, or trash it.**

### **Composition**

This preparation was formerly used by renowned Herbalists as a preventive of diseased states, and as part of a treatment if disease had already invaded the body or been created inside. It has been sadly neglected in the modern era, probably due to ignorance of its importance.

Taken regularly in tea or hot water, Composition will keep the blood close to the surface of the skin, and keep the pores open to evacuate toxins....a most important function of the skin that is interrupted when we are cold from outside influences like the weather. The blood retreats inwards to preserve heat and the pores close. Then, some toxins that should be evacuated via the skin put an extra load on the kidneys and liver. Overload can result and states of dis-ease can prevail. Think of cold air-con rooms also.

### **Beneficial actions of Composition**

Stimulates blood flow. Helps digestion. Removes phlegm. Stops spasms. Antiseptic. Disinfects kidneys, skin, liver, and bronchials. Promotes sweating. Moves blood to extremities and thus relieves pressure. Aids digestion. Blood cleansing. Healing. Energising. Warms cold extremities. Colds. Fever. Sore throat.

### **Dose**

For regular use ½ to 1 teaspoonful in a cup of hot water or tea, sweetened. It is delicious, warming, and at the same time cooling (internally) in hot weather.

For viral infections use with **Iflamut** below. **But** double the dose each time.

### **Iflamut**

This preparation doesn't have a name as far as I know so I have created a title from; flu, inflammation, and mutation. Have a laugh when you twig.

Purifies blood through sweating and encouraging the kidneys and bowel to evacuate toxins. Static heat (fever) in the body can dry the bowel and prevent elimination of faeces; this creates an environment for further infections and toxic blood overloading liver and kidneys. As internal organs become weaker trying to cope with toxins...see the internet and agree with me that this is what kills people with bird flu...the bodies ability to fight infection diminishes. The lungs are receiving filthy blood, and cannot cleanse the toxic gases. The heart is receiving vitiated blood and cannot cope. **As in 1918 with Spanish Flu take Iflamut as follows.**

Patient to be wrapped in blanket like a shroud (sat on chair) with feet in a bowl of hot water. Bowl surrounded by blanket so steam reaches body. Take 2 teaspoons of Iflamut in hot water plus 1 teaspoon of Composition. Repeat the dose often until patient erupts into profuse sweating. When sweat is continuous, allow to continue then sponge patient with cold water to close pores, Put patient to bed well dressed and with hot water bottles, and blankets. Keep giving tea. Sweating will continue in a hot environment releasing toxins and relieving the pressure from kidneys, liver, lungs and heart. If patient is too weak to sit up with feet in bowl of hot water, put to bed well dressed, propped up by pillows, and shrouded in a blanket. Hot water bottles wrapped in damp cloths to promote a steam effect. Then administer the tea copiously until profuse sweating occurs. Sponge as before. Renew hot water bottles and encourage sweating with tea. NB This treatment is intended to raise the internal temperature above the external. Blankets and heat externally are vital for success. Check N. American Indian "Sweating Lodges"

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